

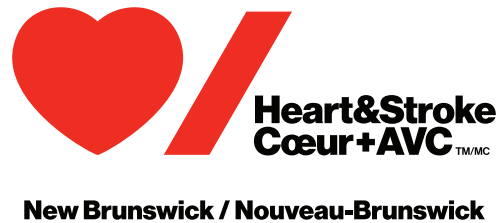
Empowering Primary Care Professionals to Tackle Heart Failure



heartandstrokenb.ca/heart-symposium

Register today

*A free event for
primary care professionals!*



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Heart Failure in Primary Care Symposium

September 20th, 2024

Saint John Regional Hospital
Amphitheatre Level 1

The Heart & Stroke Foundation of New Brunswick, in partnership with NB Heart Center and NB Medical Society, invite you to a pivotal symposium on **September 20, 2024, in Saint John, NB**. This event will bring together primary care professionals to share best practices, explore emerging research, and strategize on enhancing patient outcomes in the face of rising heart failure cases.

More than 100,000 Canadians are diagnosed with heart failure each year and over 750,000 people are living with this complex condition. **In New Brunswick, heart failure ranks 3rd as one of the top reasons for hospital admission (after childbirth and COVID)**. This significant public health concern not only has profound economic impacts, but challenges the delivery of optimal care, particularly in primary care settings.

Keynote speaker Dr. Anique Ducharme, an esteemed expert in heart failure, will address the epidemic's impact on our healthcare system and discuss national strategies to combat it.

Don't miss this opportunity to advance your knowledge and connect with peers dedicated to improving heart health in New Brunswick.

**Join us in
Saint John, NB on
September 20th, 2024**

KEYNOTE SPEAKER

Getting ready to face the new Epidemic: Heart Failure

Dr. Anique Ducharme, MD, MSc, FRCPC, FACC, FCCS, FHS (h) Professor of Medicine, University of Montreal, Montreal Heart Institute Research Center

- Realize that heart failure is the second cause of hospital admission in people age 65 and over and is on the rise
- Understand the epidemiology of heart failure and its associated costs
- Engage in the national plan to face the rising tide

Heart Failure Hospitalization: An Opportunity to Alter Disease Trajectory and Improve Outcomes with GDMT

Rochelle Johnston, BScPharm, ACPR, Pharmacist, Inpatient Cardiology and Outpatient Heart Function Clinic, The Moncton Hospital

Dr. Sherief Kamel, MD, FRCPC, Cardiologist, The Moncton Hospital

- Understand the role of Guideline Directed Medical Therapy (GDMT) in changing the trajectory of HRrEF.
- Gain comfort in managing heart failure patients during hospitalization and initiating GDMT prior to discharge.
- Recognizing worsening heart failure and appreciate importance & strategies for complete diuresis.

The Wild Wild East: Realities of Heart Failure Management in the Office

Dr. Robert S. Stevenson, MD, FRCPC, Cardiologist, New Brunswick Heart Center Kerrin Green, BN, RN, CCN(C)

- Understand how to implement guidelines directed Medical Therapy (GDMT) on a budget
- Identify strategies to manage the daily realities and common issues of heart failure treatment.
- Gain insight into the patient-physician-system interaction as it relates to heart failure care

My patient has congestive heart failure: Does the left ventricular ejection fraction (LVEF) matter when starting treatment?

Dr. Aimee Noel, MD, FRCPC, Cardiologist and Advanced Heart Failure Specialist, Saint John Regional Hospital

- Review the universal definition and classifications of heart failure
- Outline the diagnostic and prognostic use of natriuretic peptides and how to identify and initiate treatment early
- Recognize how diagnosis of HFpEF and patient phenotype can help identify those at risk
- Explain SGLT-2 Inhibitors and Mineralocorticoid Receptor Antagonists (MRAs) across the spectrum of LV function

Cardiorenal Syndrome- A Renal Perspective

Dr. Martin MacKinnon, MD, FRCPC, Nephrologist, Saint John Regional Hospital

- Review the cardiorenal syndrome with emphasis on outpatient management of a changing creatinine in the face of CHF
- Outline the potential differences between kidney injury and acute creatinine increase
- Identify the potential benefits and downsides of guidelines directed medical therapy (GDMT) for CHF on renal outcomes
- Provide tips and tricks from a nephrologist's view

Integrating Palliative Care into Heart Failure Management

Dr. Emily Love MD, CCFP (PC), FRCPC - Palliative Medicine Physician, Saint John Regional Hospital

- Identify the advanced heart failure patient and know what signs and symptoms suggest higher mortality risk
- Manage common symptoms in advanced heart failure at various points in the disease trajectory
- Identify patients who need referral to specialist palliative care
- Provide recommendations to patients with advanced heart failure on management of intracardiac devices